

Thank you to everyone who was able to join us for this week's telebriefing for military, veterans, and their families!

#### **TELEBRIEFING SCHEDULE UPDATE:**

June 24, 2021 will be our last Military & Veterans COVID-19 Sector telebriefing. Starting July 8, Gary Johnston and Dr. John Malone will provide COVID-19 updates on the SDVC Monthly Meetings.

Please join us and SDVC on the first Friday of each month from 8:30 a.m. – 10:00 a.m. Click here to join the Zoom meeting. Click here to view the SDVC Monthly Meeting Calendar.

Make sure you join us <u>Thursday</u>, <u>June 24<sup>th</sup> from 10 - 11 AM</u> for another online forum and Q&A. To submit your questions in advance, <u>click here</u>.

## **Special Thanks to our June 10<sup>th</sup> Telebriefing Guest:**



Maurice Wilson, MCPO, USN (Ret)

# Action Group Champion Education, Employment, & Entrepreneur (E3) Action Group San Diego Veterans Coalition (SDVC)

## **County Resources for Military & Veterans**



Visit our County site for Military/Veterans/Families and Serving Organizations

General COVID-19 Frequently Asked Questions – <u>Click here</u>

Military and Veterans-Specific Frequently Asked Questions – <u>Click here</u>

Benefit Information & Assistance and Other Professional Services for Military

Veterans and Dependents – <u>Click here</u>

## In Case You Missed It...



### The San Diego Veterans Coalition (SDVC)

is a non-profit organization in San Diego County with over 150 unique members and participating organizations, businesses, and agencies. The purpose of the SDVC is to serve the needs of San Diego regional veterans, their families, and significant others. The Education, Employment, and Entrepreneurship (E3) Action Group serves

as the conduit of information and catalyst for activity in all SDVC endeavors related to Employment, Education, Entrepreneurship, and Financial stability of our Veteran population in the San Diego County area. The efforts of E3 aim to connect Veterans and Employers to critical jobs in priority sectors as well as to facilitate entrepreneurial development of Veterans and/or their family members by delivering timely, effective,

and value-added information about the resources and services related to supporting our Veterans and their support network. To learn more about SDVC and E3, <u>click here</u>. E3 has upcoming meetings for their Employment Development Team (6/16) and Entrepreneur Development Team (6/23); <u>Click here</u> to join the meeting. To become active on E3's veteran workforce development team, contact Maurice Wilson at <u>Maurice.Wilson@sdvetscoalition.org</u> or (619) 822-2704.

# Resources and Links from the June 11th Telebriefing

#### **Guest Speaker Presentations:**

SDVC E3 Action Group Presentation
Maurice Wilson Biography

#### County of San Diego Presentations:

Reopening Updates
Vaccine Updates

#### **Upcoming Events:**

Veterans 3<sup>rd</sup> Annual Art Exhibition
Courage to Call Food Distribution Flyer
Host a Vaccination Event Flyer
Our Health is Worth a Shot! Flyer
North County Stand Down Flyer

#### **Events and Announcements**

**Courage to Call** is hosting another drive-thru food distribution event at 10 a.m. on Saturday, June 12 at 9445 Farnham St., San Diego, 92123. Food is distributed on a first come, first serve basis. No RSVP required, but please bring your Military/Veteran ID.

**SDVC Monthly Meeting** active duty military, veteran's and their families are invited to attend the San Diego Veteran's Coalition's next monthly meeting at 8:30 a.m. on Friday, July 8. For details, visit sdvetscoalition.org.

**Wellness Wednesday** is a virtual event hosted by Courage to Call to teach military members, veterans, and their families about wellness topics and helpful resources every Wednesday at 4:00 p.m. To participate in Wellness Wednesday, visit the <a href="Courage to Call Facebook page">Courage to Call Facebook page</a> and join through Facebook Live.

**North County Veterans Stand Down** is a four-day event that enables homeless veterans to receive much-needed services in a safe, friendly, drug-free and secure environment. It will be held on September 16-19, 2021. For details, visit NCStandDown.org.

The 3rd Annual Art Exhibition for Veterans, hosted by San Dieguito Art Guild (SDAG), is inviting artists the opportunity to exhibit, sell, and be awarded ribbons by a professional judge. Art will be shared in the SDAG gallery on September 28-October 23, 2021. The deadline to submit your art piece is August 1, 2021. Send your application to <a href="mailto:SDAGMonthlyShow@gmail.com">SDAGMonthlyShow@gmail.com</a> or <a href="mailto:Peter.Lanham@cox.net">Peter.Lanham@cox.net</a>. For more information about SDAG's event, <a href="mailto:click here">click here</a>.

### **June 15**

After registering a case rate of less than two COVID-19 cases per 100,000 residents for two consecutive weeks, the County will move to the Yellow Tier of the state's reopening framework beginning Wednesday, June 9. The Yellow Tier means there is minimal spread of COVID-19 in the region.

When the tier change goes into effect, local businesses can expand operations to levels not seen in over a year, and one week before the state's tier system disappears. <u>Here's a complete list of activities allowed under the Yellow Tier.</u> "Vaccinations continue to be an important tool in ending the pandemic and ensuring full economic reopening," Wilma Wooten, M.D., M.P.H., County public health officer says.

When the tier system ends in California, capacity and distancing restrictions will be lifted for more businesses and activities in the state. Further guidance is expected from the California Department of Public Health prior to June 15. Vaccination or negative test requirements will continue for <u>large-scale indoor and outdoor events through at least</u> October 1, 2021.

To read the full County News Center story, <u>click here</u>. To view a list of vaccination sites in San Diego County, <u>click here</u>. To learn more about COVID-19 vaccination rates in San Diego County, <u>click here</u>.

# **CDPH Face Coverings Guidance**

Starting June 15, 2021, masks will not be required by fully vaccinated individuals, **except** in the following settings where masks are required for everyone, regardless of vaccination status:

- On public transit
- Indoors in K-12 schools, childcare, and other youth settings
- Healthcare settings, including long-term care facilities
- State and local correlational facilities and detention centers
- Homeless shelters, emergency shelters, and cooling centers.

Masks will be required for unvaccinated individuals in indoor public settings and businesses.

The following individuals are exempt from wearing a mask at all times:

- Persons younger than two years old.
- Persons with a medical condition, mental health condition, or disability that prevents wearing a mask.
- Persons who are hearing impaired, or communicating with a person who is hearing impaired, where the ability to see the mouth is essential for communication.
- Persons for whom wearing a mask would create a risk to the person related to their work, as determined by local, state, or federal regulators or workplace safety guidelines.

### Your Shot to Win Padres Tickets!



The County is teaming up with the Padres to help the region reach herd immunity against COVID-19! You can enter a drawing for a free pair of Padres tickets to a future game. To enter to win Padres tickets you must receive a dose of the COVID-19 vaccine at a participating COVID-19 vaccination mobile clinic operated by the County of

San Diego from June 3-June 30th and submit a registration form at the clinic site. The vaccination drawing will award a total of 200 tickets, winners will be chosen weekly at random. Each winner will receive two Padres tickets for one home game in July or August. For questions, contact <a href="mailto:VaxDrawing@browncando.com">VaxDrawing@browncando.com</a>. For more information on how to enter, <a href="mailto:click here">click here</a>. For a list of participating COVID-19 Vaccination Mobile Clinics, <a href="mailto:click here">click here</a>.

# Youth 12+ Are Eligible for COVID-19 Vaccines

Young people 12 years and older are now eligible to get the vaccine, and it's important that young people and their parents are informed about the COVID-19 vaccine. Click here for social media resources that will help your organization spread the word about the vaccine's safety and effectiveness. If you have a group of teens or parents that would like to learn more, we have Talk with a Doc discussions where small groups will have the chance to meet with a County Physician to ask questions, discuss myths, and have their concerns addressed. E-mail LiveWellYouth@sdcounty.ca.gov\_to make a request!

# Our Health is Worth a Shot! Youth Video & Visual Art Vaccine Challenge



The County announced that they have created a new video and visual art challenge with prizes for youths between the ages of 12-to-24 years old to raise awareness about the importance of COVID-19 vaccinations. Submissions are open now until June 14<sup>th</sup>, 2021.

Youths in three age groups can win prizes for submitting videos and personal artwork about COVID-19 vaccinations in three different categories. These include short videos about why getting vaccinated is important to them personally or what they're most excited about getting back to after being fully vaccinated, or visual art pieces highlighting facts about COVID-19 vaccinations.

The *Our Health is Worth a Shot!* Challenge offers prizes to youths in each of the three age categories and one grand prize winner, including gift cards and opportunities to have their videos or visual art pieces shared through County social media communication outlets. For more information, please visit <a href="Coronavirus-SD.com/Challenge">Coronavirus-SD.com/Challenge</a>.

## Request to Host a Vaccination Event

The County of San Diego is increasing access to COVID-19 vaccines by working with partners and stakeholders to host vaccination events. We encourage organizations that have the space to host a vaccination event to submit a request form <a href="https://example.com/here/">here</a>.

County staff or a partner organization will review the information submitted and respond within 5 business days. For questions, please reach out to <a href="mailto:CovidVaxInquiry.HHSA@sdcounty.ca.gov">CovidVaxInquiry.HHSA@sdcounty.ca.gov</a>. Please note, we will do our best to accommodate preferences but we cannot guarantee that all preferences will be met or all requested events confirmed.

# New Monoclonal Antibody Regional Center (MARC) Location!

Monoclonal antibody treatment is available for persons with mild or moderate COVID-19 whose symptoms developed within the last 10 days and are at high risk of getting very sick from COVID-19. It is recommended to receive the potentially lifesaving treatment within 72 hours of when COVID-19 symptoms begin. The Monoclonal Antibody Regional Centers (MARC) in Poway and Chula Vista are open 7 days a week to treat all persons for free who are medically eligible, regardless of health insurance or immigration status. If you think you qualify, please call (619) 685-2500 to schedule an appointment or with any questions. You are also encouraged to talk to your doctor to see if you are medically eligible for this treatment and to receive a referral. For more information about monoclonal antibody treatments and MARC, click here. If you have any questions or concerns, please e-mail COVIDtreatment@sdcounty.ca.gov.

# **Safe Transportation Practices During COVID-19**

Taking extra precautions when making necessary trips can help protect your health and the health of others. The "Safe Transportation Practices During COVID-19" video provides best practices when using public transportation, ride share services, and other transportation alternatives. To learn how to safely utilize transportation services during COVID-19, click here.

San Diego County residents financially impacted by COVID-19 who need help paying their rent and utilities may qualify for assistance.

Applications for the County of San Diego's Emergency Rental Assistance program (ERAP) 2021 serves all areas of the San Diego region except for the cities of San Diego and Chula Vista. The application will be open until all available funding has been used.

The application is available in six different languages (English, Spanish, Arabic, Vietnamese, Tagalog, and Mandarin) on the website. If someone does not have internet or needs help, they can call 858-694-4801 and a county representative can assist with questions and/or take the application over the phone.

If you are a resident of the cities of San Diego and Chula Vista, or if you are not sure which program serves your area, <u>click here</u> for more information. For veteran-specific rental assistance, <u>click here</u>.

#### **Mental Health Resources**

**Courage To Call.** Every day, current and former service members and their families deal with the complex maze of issues that accompanies military life. Often times the most difficult problem is not knowing where to turn when you need help. Courage to Call is a <u>free, confidential, veteran-staffed, 24/7 helpline</u> dedicated to assisting active duty military personnel, veterans, reservists, guard members, and their families, regardless of discharge status. For more information or to chat with a veteran, visit <u>www.courage2call.org</u>, or call 1-877-698-7838, or 2-1-1.

The County's Access and Crisis Line (ACL) is confidential, toll-free, and available 24/7. If you or someone you care about is experiencing a suicidal or mental health crisis, please call 1-888-724-7240.

VA Veteran Suicide Prevention and Crisis Line, 1-800-273-8255 and Press 1 to talk to someone, or Send a text message to 838255 to connect with a VA responder. The National Suicide Prevention Lifeline, 1-800-273-8255, provides 24/7, free and confidential support for people in distress, and prevention and crisis resources for you or your loved ones.

More resources to help you manage mental health and cope during the COVID-19 pandemic can be found <u>here.</u>



Additional County of San Diego COVID-19 telebriefings are available throughout the week (via Zoom) for a variety of community sectors. For information, updates, and Q&A with other sectors, view the full telebriefing schedule <a href="here.">here.</a>

#### **COVID-19 Resources**



To request English or Spanish posters for your installation, please e-mail <a href="mailto:COVID-Military-Veterans@sdcounty.ca.gov">COVID-Military-Veterans@sdcounty.ca.gov</a> with your contact information, drop-off location, and delivery instructions. A member of our Outreach & Education Team will contact you to coordinate delivery and obtain any additional details (if necessary).

Additional resources and materials are available <u>here</u> for your use.

If you work or reside at a skilled nursing or long-term care facility and have not yet been contacted to schedule your COVID-19 vaccine appointment, please send an e-mail to COVID-HealthcareStatus@sdcounty.ca.gov

# **Continue to Stay Informed**



**County Coronavirus Website** 



Resources for Military,
Veteran's & their Families



**Resources & Materials** 



**Testing Information** 





